United Spinal Association is dedicated to enhancing the quality of life of all people living with spinal cord injuries and disorders (SCI/D), including veterans, and providing support and information to loved ones, care providers and professionals. This year, we have touched over 1.8 million lives impacted by disability. We believe no person should be excluded from opportunity on the basis of their disability. Our goal is to provide people living with SCI/D programs and services that maximize their independence and enable them to remain active in their communities.

**VetsFirst**
VetsFirst is a leader in advocacy for veterans with disabilities, ensuring they achieve the highest level of independence and quality of life. The program also connects with thousands of veterans and actively serving military personnel through our call center and online help desk, Ask VetsFirst. www.vetsfirst.org

**NATIONAL CHAPTER NETWORK**
United Spinal Chapters are self-dependent organizations that share our goals. They support the SCI/D community by promoting health and well-being, inclusion and independence, organizing local events and projects, advocating for rights and accessibility, and offering information and support.

**CHAPTER LEADERSHIP MEETING**
This meeting is held annually with the goal of bringing together our national leadership to discuss topics that affect the SCI/D community. www.unitedspinal.org/chapter-leadership-meeting.

**ADVOCACY & POLICY NETWORK**
United Spinal is actively engaged in advocating for policies that benefit paralyzed Americans and all people with disabilities. Our priorities focus on advancing access to quality affordable healthcare, community integration, employment opportunities, disability benefits and disability rights for all people living with SCI/D.
www.unitedspinal.org

**ROLL ON CAPITOL HILL**
Roll on Capitol Hill is United Spinal’s annual legislative advocacy event which brings wheelchair users to Washington, DC from across the country, promotes the inclusion of people with disabilities in the policy debate, and addresses legislative and regulatory issues that impact individuals living with SCI/D. www.unitedspinal.org/events/roll-on-capitol-hill

**RESOURCE CENTER**
When someone sustains a spinal cord injury or is diagnosed with a spinal cord disorder, SCI/D, there can be a great deal of uncertainty and an overwhelming amount of questions. Our Spinal Cord Resource Center Information Specialists connect people with personal guidance and state and local resources through our “Ask Us” help desk. https://unitedspinal.org/spinal-cord-injury-resources/