

# United Spinal Association

United Spinal Association is dedicated to enhancing the quality of life of all people living with spinal cord injuries and disorders (SCI/D), including veterans, and providing support and information to loved ones, care providers and professionals.

We believe no person should be excluded from opportunity on the basis of their disability. Our goal is to provide people living with SCI/D programs and services that maximize their independence and enable them to remain active in their communities.



## Enhancing Lives Through Our Programs



Spinal Cord  
Resource Center

### Spinal Cord Resource Center

When someone is spinal cord injured or diagnosed with a spinal cord disorder, there can be a great deal of uncertainty and an overwhelming amount of questions. Our Spinal Cord Central Resource Center connects people living with SCI/D with information, resources, and access to our “Ask Us” help desk. [www.spinalcord.org](http://www.spinalcord.org)



### VetsFirst

VetsFirst leads the way in advocating for veterans living with disabilities and ensuring they achieve the highest level of independence and quality of life. The program connects with thousands of veterans and active military servicemen and women annually through our call center and online help desk, Ask VetsFirst. [www.vetsfirst.org](http://www.vetsfirst.org)



### New Beginning Backpack

Our New Beginning Backpack program provides information and resources as a person transitions into a “new beginning” after SCI/D. The backpack is distributed through our national network of rehab hospital partners, member chapters, and peer support groups. [www.spinalcord.org/backpack](http://www.spinalcord.org/backpack)



Advocacy  
Alliance

### Advocacy Alliance

The Advocacy Alliance is made up of people who are invested in helping our community and improving the health, quality of life and independent living of people with disabilities. Our mission is to help bring awareness to policy makers on how all of these issues affect the wheelchair user. [www.unitedspinal.org/advocacy-alliance](http://www.unitedspinal.org/advocacy-alliance)



Affiliate  
Service  
Providers

### Affiliate Service Providers

United Spinal’s Affiliate Service Providers provide the full spectrum of clinical care, products and services, with an emphasis on SCI/D. Search our valuable directory to discover service providers near you that specialize in optimizing the health, independence and quality of life of people with SCI/D.



Pathways to  
Employment

### Pathways to Employment

The Pathways to Employment (PTE) program supports the pursuit of new job opportunities and a successful career for people with SCI/D. The program partners with employers to place people with SCI/D in workplace jobs and provides trained peer mentors, resources, and professional support to facilitate return to work, including information about benefits and the transition to employment.



## Special Events That Bring Individuals Together

### Roll on Capitol Hill (ROCH)

This two-day grassroots advocacy event brings together individuals with disabilities from across the country to Washington, DC to meet with legislators and elected officials to discuss issues that impact their quality of life. [www.unitedspinal.org/events/roll-on-capitol-hill](http://www.unitedspinal.org/events/roll-on-capitol-hill)



Chapter  
Leadership  
Meeting

### Chapter Leadership Meeting

This meeting is held annually with the goal of bringing together our leadership from around the United States to discuss a multitude of topics that affect the SCI/D community. [www.unitedspinal.org/chapter-leadership-meeting](http://www.unitedspinal.org/chapter-leadership-meeting)

# Independence, Opportunity & Equality Guaranteed Through Our Services



## Accessibility Services

The Accessibility Services program ensures that the built environment is accessible to all people with disabilities. A team of certified accessibility specialists and staff architects provide training to design professionals and review design plans on national projects. [www.accessibility-services.com](http://www.accessibility-services.com)



## USATechGuide

USATechGuide is a web-based, consumer-driven responsive resource dedicated exclusively to sharing the latest information on wheelchairs, scooters, and assistive technology. [www.usatechguide.org](http://www.usatechguide.org)

## Staying Connected and Informed Through Our Publications



## New Mobility

New Mobility is United Spinal's monthly membership magazine which provides the latest information and resources on active living for people with disabilities. [www.newmobility.com](http://www.newmobility.com)



## Disability Etiquette

Our most widely used brochure, Disability Etiquette provides practical tips and information on effective ways to interact with people with disabilities. United Spinal utilizes this popular resource to host training sessions on this subject matter for public and private entities throughout the year. [www.unitedspinal.org/pdf/DisabilityEtiquette.pdf](http://www.unitedspinal.org/pdf/DisabilityEtiquette.pdf)

## Support Us



## Become a Member

Membership in United Spinal Association is free and open to all individuals who are living with SCI/D, their family members, friends, and healthcare providers. [www.unitedspinal.org/membership-form](http://www.unitedspinal.org/membership-form)



## Make a Difference

Help us continue to strengthen the quality of life and independence of people living with SCI/D across the country. Your one time or recurring donation works to sustain and expand our programs and services. [www.unitedspinal.org/donations](http://www.unitedspinal.org/donations)