



**United Spinal
Association**
Motorsafe****

Snowmobile Safety



According to the U.S. Consumer Product Safety Commission, from 1999 to 2003, 14,008 snowmobile-related injuries were sustained by youth under 17 years with an annual average of 2,800 injuries.

It is also estimated that 110 people die annually from snowmobile-related injuries. Forty percent of the reported deaths were due to collisions with trees, wires, bridges, and other vehicles. A majority of snowmobile deaths and injuries involve the head and neck. Although most states do not have mandatory helmet laws, equipping yourself with head protection may reduce your risk of getting seriously hurt or killed.

More Facts on the Back

Ways to Protect Yourself:

- Always maintain your snowmobile and keep it in excellent driving condition
- Always wear insulated boots and protective clothing including a helmet, gloves, and eye protection
- Never ride alone
- If possible, avoid crossing frozen bodies of water
- Never operate in a single file when crossing frozen bodies of water
- Always stay alert to driving conditions and obstacles, such as depressions in the snow
- Never operate on a street or highway
- Keep headlights and tail lights on at all times when operating your snowmobile
- Always check the weather conditions before you depart
- Always operate your snowmobile at safe speeds
- Never operate your snowmobile if you're intoxicated, tired, or on medication

For more information on United Spinal Association's Motorsafe Program visit our Web site at www.unitedspinal.org



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**Expanding Opportunities for People with
Spinal Cord Disabilities for Over 60 Years**