Pathways to Employment
Preparing for the World of Work after a Spinal Cord Injury

A resource to help you make a successful transition to work living with a spinal cord injury

Pennsylvania Resources

This supplements the national resource guide with Pennsylvania resources. Please read them together.
Pennsylvania Supplement

Where can I get information about programs and service in Pennsylvania for people with disabilities?

What do I need to know about Medicaid in Pennsylvania?

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How does the Pennsylvania Antidiscrimination Law protect me?

Pennsylvania Resources
Where can I get information about programs and service in Pennsylvania for people with disabilities?

Pennsylvania does not have a central phone number or website where you can find information about all of the programs or services it offers.

The Pennsylvania Department of Public Welfare (DPW) coordinates all health related programs for people with disabilities in PA who qualify for the services. This includes Medicaid, Medicare supplemental payments, home and community based services and other. It publishes information about disability services on its' website. You can also call them at 1-800-692-7462. They will probably refer you to your local County Assistance Office. Its website, though very comprehensive is http://www.dpw.state.pa.us/fordisabilityservices/index.htm

Your local Count Assistance Offices (CAO) listed in the Pennsylvania Resources section of this guide, can also provide you with information about benefits and services and help you apply for them. This is the best place for you to start.

You can also call the Link to Aging and Disability Resource Center at 1-866-286-3636 for information and referral for disability services. They can only refer you to others and the information they have is very limited.

The Office of Vocational Rehabilitation (OVR) of the Pennsylvania Department of Labor and Industry provides comprehensive services to assist Pennsylvanians with Disabilities to get or keep a job. Their specific services are described below under Pennsylvania Work-Related Resources. You can find contact information for OVR listed in the Pennsylvania Resources section of this guide.

******Keep in mind that according to the Aging and Disability Resource Center hotline, the HelpPA website https://www.helpinpa.state.pa.us/ is no longer updated on a regular basis and is out of date. Do not use it.*******

What do I need to know about Medicaid in Pennsylvania?

Medicaid in Pennsylvania is called Medical Assistance (MA). If you qualify for SSI Pennsylvania, automatically gives you Medicaid. Pennsylvania originally decided not to expand Medicaid under the Affordable Care Act. Pennsylvania has since agreed to expand Medicaid. The expansion will take place beginning in 2015 and will increase the allowable income ceiling to 138% of the poverty level or $16,104.60 in 2014.

Pennsylvania pays SSI recipients in Pennsylvania a supplement or addition to the amount of money Social Security pays. The amount varies based on where you live and if alone, with other people, or in congregate living, or a long term care facility.
Depending on where you live in the state, you will receive MA services in Pennsylvania through either fee-for-service or Medicaid Managed Care. All MA recipients receive an ACCESS card and if you receive your MA through fee-for-service, you will use your ACCESS card as your insurance card.

HealthChoices is the name of one of Pennsylvania’s mandatory manage care organizations for MA. HealthChoices covers people by zones as follows:

- **Southeast Zone** - Bucks, Chester, Delaware, Montgomery and Philadelphia counties
- **Southwest Zone** - Allegheny, Armstrong, Beaver, Bedford, Blair, Butler, Cambria, Fayette, Green, Indiana, Lawrence, Somerset, Washington and Westmoreland counties
- **Lehigh/Capital Zone** - Adams, Berks, Cumberland, Dauphin, Franklin, Fulton, Huntingdon, Lancaster, Lebanon, Lehigh, Northampton, Perry and York counties
- **New West Zone** - Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Jefferson, McKean, Mercer, Potter, Venango and Warren counties
- **New East Zone** - Bradford, Carbon, Centre, Clinton, Columbia, Juniata, Lackawanna, Luzerne, Lycoming, Mifflin, Monroe, Montour, Northumberland, Pike, Schuylkill, Snyder, Sullivan, Susquehanna, Tioga, Union, Wayne and Wyoming counties

Basic Benefits include:

- **Doctor and hospital visits** - including lab and x-ray services, emergency services and visits to specialists
- **Medicine** - prescription drugs and over-the-counter drugs if the doctor gives you a prescription for them
- **Ob/Gyn care for women** - pregnancy care, family planning and birth control
- **Dental care** - routine dental care for children to age 21; benefits vary for adults
- **Vision care** - medically necessary services including eye exams, glasses and lenses
- **Medical equipment** - such as wheel chairs and diabetic supplies
- **Chiropractic care, physical therapy, foot care and home health care**

Medical Needy Only Program
When you have a disability but have too much income to qualify for MA in Pennsylvania, you may obtain medically needy eligibility through the Medical Assistance Spend Down Program. This program has an income and resources test. Under the spend-down program, individuals may deduct medical expenses, both paid and unpaid, to reduce their incomes to the medically needy eligibility level. Deductible medical expenses are limited to those incurred within the three month period prior to applying for MA, provided they were not previously deducted to meet a spend-down. When income less medical expenses meets the income criteria, medically needy eligibility is established and the individual qualifies for MA for the remainder of the period.


What kind of long term services and supports does Pennsylvania Offer?
Pennsylvania offers several programs to support you so you can live in the your home or in the community. We call these programs “Home and Community Based Services” or HCBS. Examples of services that can be provided in your home include but are not limited to:
- Adaptive Aids/Supplies/Equipment
- Attendant Care
- Care Management/Support Coordination
- Counseling
- Health Monitoring
- Home Delivered Meals
- Homemaker Services
- Hospice
- Personal Assistance
- Respite
- Skilled Nursing
- Therapies
- Transportation

These programs are called “Medicaid waiver programs” because the government created these programs to find and encourage creative ways to provide services to older adults and people with disabilities. There is no guarantee to a waiver program and you may find yourself on a waiting list for the waiver programs.

See http://www.portal.state.pa.us/portal/server.pt?open=512&objID=4000&&PageID=432771&level=2&css=L2&mode=2

Independence Waiver
The Independence Waiver can help people with spinal cord injuries live or remain in the community and remain as independent as possible.

To be eligible for the Independence Waiver you must:
- Be a Pennsylvania resident
• Be 18-60 - Individuals who turn 60 while in the waiver will be able to continue to receive services through the Independence Waiver.
• Individuals who are physically disabled (but without intellectual disabilities or have a major mental disorder as a primary diagnosis), who reside in a Nursing Facility (NF) or the community but who have been assessed to require services at the level of nursing facility level of care.
• In addition, the disability must result in substantial functional limitations in three or more of the following major life activities:
  • Self-care, understanding and use of language, learning, mobility, self-direction and/or capacity for independent living.
• Meet the financial requirements as determined by your local County Assistance Office.

Services available may include:
• Adult Daily Living Services
• Accessibility Adaptations, Equipment, Technology and Medical Supplies
• Community Integration
• Community Transition Services
• Home Health
• Non-Medical Transportation
• Personal Assistance Services
• Personal Emergency Response System (PERS)
• Respite
• Service Coordination
• Supported Employment
• Therapeutic and Counseling Services

For more information:
Long-Term Living Helpline
1-800-753-8827

Office of Long-Term Living
Bureau of Individual Support
717-787-8091

Adapted from
http://www.dhs.state.pa.us/foridisabilityservices/alternativestonursinghomes/temp/independencewaiver/index.htm

Attendant Care/Act 150
If you have a physical disability such as a spinal cord injury, the Attendant Care Waiver and state funded Act 150 program may be available to you to help you continue to live in your home and community with support and services.

Eligibility
To be eligible for Attendant Care Services, you must:
• Be a resident of Pennsylvania
• Meet the level of care needs for a Skilled Nursing Facility for the Medicaid Waiver. If you do not meet the Skilled Nursing Facility level of care you MAY qualify for the PA State funded Act 150 Program
• Be between eighteen (18) and fifty-nine (59) years of age
• Be capable of
  o  a) hiring, firing, and supervising attendant care worker(s);
  o  b) managing your own financial affairs; and
  o  c) managing your own legal affairs
• For the Medicaid Home and Community Based Waiver Services Attendant Care Program, meet the financial requirements as determined by your local County Assistance Office.
• Have a medically determinable physical impairment that is expected to last a continuous period of not less than twelve (12) calendar months or may result in death
• To take advantage of the Attendant Care Act 150 Program, you may be assessed a minimal co-payment. This co-payment is based on your income and will not be more than the total costs of services

Services that may be available to you include:
• Community Transition Services (available only through Medicaid Home and Community Based Waiver Services)
• Participant-Directed Community Supports
• Participant-Directed Goods and Services
• Personal Assistance Services
• Personal Emergency Response System (PERS)
• Service Coordination

For More Information
Long-Term Living Helpline
Toll free 1-800-753-8827

Office of Long-Term Living
Bureau of Individual Support
(717) 787-8091

Adapted from
http://www.dhs.state.pa.us/fordisabilityservices/attendantcare/attendantcareact150/

Income and Resource Limits for HCBS Waiver Programs

The community assistance offices do not apply these limits or determine income, or resource eligibility, or a patient pay amount if the HCBS applicant or participant receives SSI.

Gross Income Limit for one person = $2,163
Resource Limit for one person $2,000.  
(In addition to the resource limit, there may be an additional $6,000 resource disregard)  

Adapted from  
http://services.dpw.state.pa.us/oimpolicymanuals/manuals/bop/lt/index.htm?ga=1.207825874.1569583559.1415133701

How can Pennsylvania’s Programs help me with my Medicare Premiums?

**Specified Low-Income Medicare Beneficiary (SLMB)**
The Specified Low-Income Medicare Beneficiary (SLMB) and SLMB Qualified Individual-1 (SLMB-QI-1) pay partial or full Medicare Part B premiums for eligible Pennsylvania residents who are not financially eligible for the Qualified Medicare Beneficiary (QMB) program under Pennsylvania’s Medical Assistance Program (Medicaid)

**Program Summary**
- Program pays Medicare Part B premiums for eligible participants;  
- Must be a Pennsylvania resident;  
- Participants are not financially eligible for the Qualified Medicare Beneficiary (QMB) program under Pennsylvania Medical Assistance;  
- Must not exceed income eligibility limits

**In 2014:**
- SLMB - the income limit is $14,004 for singles and $18,876 for married couples  
- SLMB-QI-1, the income limit is $15,755 for singles and $21,240 for married couples.  
- For both programs, liquid assets may not exceed $7,160 for single persons or $10,750 for married couples.  
- For questions on SLMB or SLMB-QI-1, call your local county assistance office.

**Qualified Medicare Beneficiary (QMB) - Categorically Needy Program**
This is also called Healthy Horizons in Pennsylvania

**Program Summary**
- QMB program helps pay for:  
  Part A premiums  
  Part B premiums  
  Deductibles, coinsurance, and copayments  
  Eligibility of Medical Assistance

**In 2014:**
- Individual monthly income limit $993  
- Married couple monthly income limit $1,331
Resource limits for the QMB, Medicare Savings Programs are $2,000 for one person and $3,000 for a married couple.

**Qualified Medicare Beneficiary (QMB) Program – Medicare Cost Sharing Program**
This is also called Healthy Horizons Medicare Cost-Sharing in Pennsylvania. If you are at 100% of the federal poverty level or less ($11,670 in 2014)

**Program Summary**
- QMB program helps pay for:
  - Part A premiums
  - Part B premiums
  - Deductibles, coinsurance, and copayments

**In 2014:**
- Individual monthly income limit $993
- Married couple monthly income limit $1,331

Resource limits for the QMB, Medicare Savings Programs are $7,160 for one person and $10,750 for a married couple.

Adapted from [http://www.dpw.state.pa.us/foradults/servicesfordisabled/medicalassistanceforolderpeopleandpeoplewithisabilities/index.htm](http://www.dpw.state.pa.us/foradults/servicesfordisabled/medicalassistanceforolderpeopleandpeoplewithisabilities/index.htm)

**How do I apply for Medicare Savings Programs in Pennsylvania?**

If you answer yes to these 3 questions, contact your local county assistance office to see if you qualify for a Medicare Savings Program in Pennsylvania:
1. Do you have, or are you eligible for, Part A?
2. Is your income for 2014 at, or below, the income limits below?
3. Do you have limited resources, below the limits below?

It’s important to call or fill out an application if you think you could qualify for savings—even if your income or resources are higher than the amounts listed above. Because not all income is counted. Certain resources, such as the house you live in, are not counted. You can find your local county assistance office location and contact information in the Pennsylvania Resources at the end of this guide.

**Does Pennsylvania have Medigap insurance for me if I am under 65 and on Medicare?**

**MEDIGAP INSURANCE:** Pennsylvania is one of 29 states currently that requires insurers to sell at least some types of Medigap policies to beneficiaries under 65.

**What work incentive programs are available to me in Pennsylvania?**
Medical Assistance for Workers with Disabilities

In Pennsylvania, the Medicaid Buy-in Program is called Medical Assistance for Workers with Disabilities (MAWD). MAWD offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full Pennsylvania MA coverage. Working disabled adults (age 16 through 64) obtain MA coverage through the MAWD program by paying the Department of Public Welfare a premium equal to 5 percent of their monthly income. The 5 percent is figured after deductions for impairment-related work expenses and other deductions in place to encourage you to work.

To qualify, your income must be less than 250% of the federal poverty level or $29,175 for 2014. You cannot have asset of more than $10,000. Plan for Achieving Self-Support (PASS)—PASS accounts are excluded from the asset test for former recipients of SSI.


What is Pennsylvania’s CareerLink?

You can enter Pennsylvania’s Careerlink at www.pacareerlink.state.pa.us. This site includes the JobGateway®, an online tool provided to connect job seekers to employers. Services available include job searching and resume creation. (You will learn more about Careerlink under the section Pennsylvania Work-Related Resources).

You can set up an account on JobGateway® where you will find several helpful services on the JobGateway® websites:

- You can see an overview of the benefits you get from a JobGateway® account at https://www.jobgateway.pa.gov/jponline/Admin/Common/JobGatewayAccountOverview.aspx
- You can assess the skills you have from your previous jobs that you can use for your job search, called you “transferrable skills” at https://www.jobgateway.pa.gov/jponline/JobSeeker/ManageJobSearch/Torq.aspx
- You can improve your interview skills with JobGateway®’s Interview Training Tool https://www.jobgateway.pa.gov/jponline/JobSeeker/ManageJobSearch/BigInterviewPopup.aspx
- If you are a veteran, you can learn how to translate your military career to a civilian career at: https://www.jobgateway.pa.gov/jponline/Admin/Common/VeteranServices.aspx
You can find additional career resources at
https://www.jobgateway.pa.gov/jponline/Admin/Common/CareerResources.aspx
You can watch “day in the life videos” of people doing different jobs at
https://www.jobgateway.pa.gov/jponline/JobSeeker/ManageJobSearch/VirtualJobShadow.aspx
You can search for jobs at
https://www.jobgateway.pa.gov/jponline/JobSeeker/ManageJobSearch/FindJobs.aspx

Adapted from the websites references above

What other work related resources are available for me in Pennsylvania?

PENNSYLVANIA WORK-RELATED RESOURCES

Ticket to Work In Pennsylvania
A total of 92 Employment Networks (EN), Work Incentives Planning and Assistance (WIPA) projects, and other providers are located in Pennsylvania. You can find specific information about the providers that address your disability and/or the services that you want by location here: http://www.choosework.net/resource/jsp/searchByState.jsp

Vocational Rehabilitation
The Pennsylvania Office of Vocational Rehabilitation (OVR) serves people with disabilities who face a substantial impediment to employment. Vocational rehabilitation is a direct service program provided through 21 district offices located throughout the commonwealth’s 67 counties. It provides services to individuals who can benefit from and who need assistance to prepare for, enter, engage in, or retain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis. During face-to-face interviews, the OVR counselor helps customers select their choice of vocational goals, services and service providers. Together they develop an Individualized Plan for Employment (IPE) that outlines a vocational objective, services, providers and responsibilities. Certain services are subject to a Financial Needs Test (FNT) and may require financial participation by the customer. OVR provides counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services, such as readers or sign language interpreters at no cost to individuals. By law OVR customers receiving Social Security benefits for their disability (SSI, SSDI) are exempt from OVR’s Financial Needs Test.

ELIGIBILITY CRITERIA
You are eligible for OVR services if
1. you have a physical, mental, or emotional impairment which results in a substantial impediment to employment, and
2. you can benefit from an employment outcome from services provided, and,
3. Vocational Rehabilitation services are required for you to prepare for, enter, engage in, or retain gainful employment.

Adapted from
http://www.portal.state.pa.us/portal/server.pt/community/other_programs_and_services/17307/individualized_employment_services/552260

VOCATIONAL REHABILITATION SERVICES PROVIDED:
OVR provides a wide range of services to eligible applicants to meet your individual needs for the specific services to help you prepare to work. Services include:

- **Diagnostic Services:** Medical, psychological, and audiological examinations and tests used to better understand your disability and your needs for specific types of services.

- **Vocational Evaluation:** Aptitude, interest, general ability, academic exams, work tolerance, and "hands-on" job experience used to understand your vocational potential.

- **Counseling:** Vocational counseling will help you to better understand your potential, to rely on your abilities, to set realistic vocational goals, to change them when necessary, to develop successful work habits, and to begin a satisfying career. Counseling is available throughout your rehabilitation program.

- **Training:** Education to prepare you for a job including, but not limited to, basic academic, vocational/technical, college, on-the-job training, independent living skills, and personal and work adjustment training.

- **Restoration Services:** Medical services and equipment such as physical and occupational therapy, wheelchairs, and automobile hand controls can be provided to enable you to pursue and achieve employment.

- **Placement Assistance:** Counseling, job-seeking programs, job clubs, and job development used to increase your ability to get a job. You will receive ideas, practice, and advise on finding job leads, filling out applications, getting interviews for a job, and on how to interview. Your counselor may also give you job leads or contact employers about available tax credits and hiring incentives.

- **Assistive Technology:** Assistive technology includes a wide range of devices and services that can empower persons with disabilities to maximize employment, independence and integration into society. OVR can assist an individual with a disability in effectively selecting and acquiring appropriate assistive technology. OVR can arrange for a consultant to evaluate your situation and to make appropriate recommendations. OVR also operates and maintains our own Center for
Assistive and Rehabilitation Technology (CART) at the Hiram G. Andrews Center. There is no charge for evaluation and vocational counseling services through OVR. Based upon your financial needs, you may have to contribute to the cost of assistive technology devices and services.

**Support Services:** Other services are provided for eligible persons if they are necessary for you to start and maintain employment. Such services may include:

- Room, board, and transportation costs during an evaluation or while completing a rehabilitation program.
- Occupational tools, licenses, or equipment.
- Home modifications, adaptive or special household equipment in order to help you get ready to go to and be on time for your job. Van or car modifications, including special driving devices or lifting devices to enable you to travel to your job.
- Personal care assistance to help you with your daily needs to enable you to participate in a vocational rehabilitation program.
- Job site modifications that will enable you to get and keep a job. Independent living training to provide the means for you to become more self-sufficient and thereby make it possible for you to participate in employment.
- Text Telephone (TT), signaling devices, hearing aids, and interpreters services may be provided to help you communicate.
- Specialized services such as Rehabilitation Teaching, and Orientation and Mobility Training for persons who are blind or visually impaired.

Adapted from [http://www.portal.state.pa.us/portal/server.pt/community/vocational_rehabilitation/10356](http://www.portal.state.pa.us/portal/server.pt/community/vocational_rehabilitation/10356) and [http://www.portal.state.pa.us/portal/server.pt?open=514&objID=608681&mode=2](http://www.portal.state.pa.us/portal/server.pt?open=514&objID=608681&mode=2)

**Protection and Advocacy for Beneficiaries of Social Security (PABSS):**

Disability Rights Network of Pennsylvania (DRN) is the Protection and Advocacy for Beneficiaries of Social Security (PABSS) funded program in Pennsylvania. PABSS provides work incentive assistance to SSDI and SSI beneficiaries seeking vocational rehabilitation, employment and other support services to secure, retain or regain employment. PABSS can:

- Provide information about programs, services and supports available to help you work
• Provide information about available work incentives that may lead you to meaningful work
• Refer you to professionals who can explain how working or increasing your work-related earnings will affect your benefits and help you plan your benefits for the future
• Assist you if you encounter problems in getting the services and supports you need to gain or continue work
• Represent you or advocate on your behalf to resolve any conflicts you may have with service providers or employers as you seek to gain or continue work

The PABSS program also pursues system advocacy to identify and address deficiencies in those systems that provide services and or support to individuals who want to work. You can reach them at http://www.drnpa.org/ and

**Disability Rights Network of Pennsylvania**
1414 N. Cameron Street  
Second Floor  
Harrisburg, PA 17103-1049  
(800) 692-7443 (Voice)  
(877) 375-7139 (TDD)


**Client Assistance Program (CAP)**
The Client Assistance Program (CAP) in Pennsylvania is administered by the Center for Disability Law and Policy. According to the Center for Disability Law and Policy, you can count on the CAP program:
• To provide you with information and advice about rehabilitation programs.
• To advise you of your legal rights and responsibilities.
• To help you resolve problems that may arise while you are seeking services from rehabilitation programs.
• To help you pursue administrative and legal remedies to protect your rights.

The CAP website also provides tips for developing your advocacy skills at http://www.equalemployment.org/pa-cap-disability-outreach-events

You can contact the CAP program through at http://www.equalemployment.org/ or by email at admin@equalemployment.org or

**Philadelphia Office**
1515 Market Street,  
Suite 1300,  
Philadelphia, PA 19102.

**Camp Hill Office**
107 House Avenue, Suite 107  
Camp Hill, PA 17011
Pennsylvania CareerLink One Stop Centers (American Job Centers)

Pennsylvania’s One Stop Centers, now called American Job Centers by the federal government are called CareerLink in Pennsylvania. As you saw above, Careerlink is also a website. This and the website are the first places to go to start a job search. You can go to CareerLink centers for career counseling, resume assistance, direct job placement, classroom and on-the-job training and information about local and national job opportunities and unemployment compensation.

Located throughout Pennsylvania, One Stop CareerLink Centers offer services (free of charge) to help you develop the skills needed to succeed in a 21st century work environment. The One-Stop Centers can help you

- Find a job
- Strengthen job-search skills
- Get training
- Improve reading and basic skills
- Network the way to a job
- Use labor market information to make career decisions
- Start a business

You can find your local Careerlink office by going to this website: https://www.jobgateway.pa.gov/jponline/Admin/Common/SearchOffices.aspx and inserting your zip code. You can also find a list of the Careerlink offices at http://www.servicelocator.org/search/etasearchoffice.asp?state=PA

How can I get help in Pennsylvania with benefits planning?

You can get help with benefits planning in Pennsylvania from the PABSS program described above or from the Work Incentives Planning and Assistance (WIPA) projects that you can locate by state or zip code at http://www.choosework.net/resource/jsp/searchByState.jsp

How do I sign up for Private Health Insurance in Pennsylvania?

You can purchase private health coverage under the Affordable Care Act (Obamacare) if
How does the Pennsylvania Antidiscrimination Law protect me?

Pennsylvania Discrimination Law:
The Pennsylvania Human Relations Act prohibits unlawful discrimination in employment, housing, commercial property, education and public accommodations. Employers with four or more employees are subject to the antidiscrimination law. If you decide to return to school, the Pennsylvania Fair Educational Opportunities Act, or PFEOA, prohibits discrimination in educational institutions and secondary and postsecondary vocational, secretarial, business and trade schools.

If you feel you have been discriminated against because of your disability, you must file a complaint within 180 days of the discrimination with the PA Human Relations Commission. The PA Human Relations Commission enforces state antidiscrimination law in Pennsylvania. You can contact the PA Human Relations Commission at (717) 787-4410 or the local offices listed below or go to its website at http://www.phrc.state.pa.us/portal/server.pt/community/phrc_home/18970

You may find the complaint form online here: http://www.portal.state.pa.us/portal/server.pt/community/file_a_complaint/18976/complaint_forms/698131
However, you cannot file the complaint form online. You must mail the form to the office serving the county in which the discrimination occurred. This link contains a map that shows you which county falls within each region below so you know where to mail your complaint form: http://www.portal.state.pa.us/portal/server.pt/community/file_a_complaint/18976

Counties Served by
Pittsburgh Regional Office
301 Fifth Avenue
Suite 390, Piatt Place
Pittsburgh, PA 15222
(412) 565-5395
(412) 565-5711 TTY users only

Counties Served by
Philadelphia Regional Office
110 North 8th Street, Suite 501
Philadelphia, PA 19107
(215) 560-2496
(215) 560-3599 TTY users only

Counties Served by
Harrisburg Regional Office
333 Market Street, 8th Floor
You may want to consult an attorney because you have more than one way to proceed in a discrimination case and you want to preserve your rights.

Adapted from http://www.phrc.state.pa.us/portal/server.pt/community/phrc_home/18970 and related websites of the PA Human Rights Commission

Pennsylvania Resources

Centers for Independent Living (CIL)
Centers for Independent Living (many funded through the Division of Vocational Rehabilitation Services) are community-based, consumer-driven organizations that provide peer counseling, skills training, advocacy, information and referral, and a variety of services based on individual needs. They provide

- Peer Support
- Individual and System Advocacy
- Independent Living Skills Training
- Development of Independent Living Plans

Below you will find the Centers for Independent Living locations in Pennsylvania. For more information on which location serves where your county if not indicated below, please see: http://www.pcil.net/pages/cils/locate_a_cil.aspx

Abilities in Motion
Address(es):
210 North Fifth Street
Reading, PA 19601
http://www.abilitiesinmotion.org
Phone Numbers:
Local: (610) 376-0010
Fax: (610) 376-0021
Accessible: (610) 288-2301
Accessible Phone Type: TTY
Name: Ralph Trainer
Email: aimed@abilitiesinmotion.org
Counties Served: Berks

Anthracite Region Center for Independent Living
Address(es):
8 West Broad Street
Suite 228
Hazleton, PA 18201
http://www.anthracitecil.org

**Phone Numbers:**
Local: (570) 455-9800
Toll-free: (800) 777-9906
Fax: (570) 455-1731
Accessible: (800) 777-9906
Accessible Phone Type: TTY
Name: Denise Corcoran
Email: dcorcoran@anthracitecil.org

**Counties Served:** Carbon, Schuylkill, Luzerne (Hazleton Area)

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**Center for Independent Living of Bucks County**

**Address(es):**
1226 Veterans Hwy.
Box 820
Bristol, PA 19007
http://cilbc.org/
Email: info@cilbc.org

**Phone Numbers:**
Local: (215) 781-5070
Fax: (215) 781-5080
Accessible: (215) 478-1988
Accessible Phone Type: TTY
Name: Emily E. Yaskowski

**Counties Served:** Bucks

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**Center for Independent Living of Central PA (CILCP)**

**Address(es):**
207 House Avenue
Suite 107
Camp Hill, PA 17011
http://www.cilcp.org

**Phone Numbers:**
Local: (717) 731-1900
Toll-free: (800) 323-6060
Fax: (717) 731-8150
Accessible: (717) 737-1900
Accessible Phone Type: TTY
Name: Theo Braddy
Email: theobraddy@cilcp.org

**Counties Served:** Cumberland, Dauphin, Juniata, Mifflin, Perry

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**Center for Independent Living Opportunities**

**Address(es):**
127 West Market Street  
Suite 100  
York, PA 17401  
http://cilopportunities.org/  

**Phone Numbers:**  
Local: (717) 849-0991  
Toll-free: (800) 956-0099  
Fax: (717) 849-0996  
Accessible: (717) 849-0995  
Accessible Phone Type: TTY  
Name: Hillary Hasson  
Email: hhillary@cilopportunities.org  

**Counties Served:** York, Adams, Franklin

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**CIL of South Central Pennsylvania**  
**Address(es):**  
1019 Logan Blvd.  
Altoona, PA 16602  
http://www.cilscpa.org  
Email: cilscpa@cilscpa.org  

**Phone Numbers:**  
Local: (814) 949-1905  
Toll-free: (800) 237-9009  
Fax: (814) 949-1909  
Accessible: (814) 949-1912  
Accessible Phone Type: TTY  
Name: George Palmer, III  
Email: gapalmeriii.cilscpa@gmail.com  

**Counties Served:** Bedford, Blair, Cambria, Fulton, Huntingdon, Indiana, Somerset

---

**Community Resources for Independence, Inc. (CRI)**  
**Address(es):**  
3410 West 12th Street  
Erie, PA 16505  
http://www.crinet.org  

**Phone Numbers:**  
Local: (814) 838-7222  
Toll-free: (800) 530-5541  
Fax: (814) 838-8491  
Accessible: (814) 838-8115  
Accessible Phone Type: TTY  
Name: Timothy Finegan  
Email: tim@crinet.org  

**Counties Served:** Clarion, Crawford, Erie, Forest, Venango, Warren
Community Resources for Independence, Inc. - Satellite Address(es):
1331 Twelfth Avenue
Suite 103
Altoona, PA 16601
http://www.crinet.org
Phone Numbers:
Local: (814) 994-2645
Toll-free: (866) 944-2645
Fax: (814) 944-2683
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: Unknown

Community Resources for Independence, Inc. - Satellite Address(es):
209 East Locust Street
Clearfield, PA 16830
http://www.crinet.org
Phone Numbers:
Local: (814) 765-6405
Toll-free: (866) 619-6405
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: Unknown

Community Resources for Independence, Inc. - Satellite Address(es):
11 Reitz Blvd.
Suite 105
Lewisburg, PA 17837
http://www.crinet.org
Phone Numbers:
Local: (570) 524-4314
Toll-free: (800) 332-4135
Fax: (570) 524-9236
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: Unknown

Community Resources for Independence, Inc. - Satellite Address(es):
33 East Hale
Suite L
Community Resources for Independence, Inc. - Satellite
Address(es):
201 Lincoln Way West
Suite 109
McConnellsburg, PA 17233
http://www.crinet.org
Phone Numbers:
Local: (717) 485-0200
Toll-free: (866) 998-0530
Fax: (717) 485-0217
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: Unknown

Community Resources for Independence, Inc. - Satellite
Address(es):
1003 Pennsylvanina Avenue West
Warren, PA 16365
http://www.crinet.org
Phone Numbers:
Local: (814) 726-3404
Toll-free: (866) 579-3404
Fax: (814) 726-3428
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: Unknown

Community Resources for Independence, Inc. - Satellite
Address(es):
38 Plaza Lane
Wellsboro, PA 16901
http://www.crinet.org
Phone Numbers:
Local: (570) 724-5852
Toll-free: (866) 401-7911
Fax: (570) 724-3945
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: Unknown

Community Resources for Independence, Inc. - Satellite
Address(es):
360 High Street
Bradford, PA 16701
http://www.crinet.org
Phone Numbers:
Local: (814) 362-9170
Toll-free: (866) 313-1060
Fax: (814) 362-9173
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: Unknown

Community Resources for Independence, Inc. - Satellite
Address(es):
1200 Eastwood Drive
Suite 1
Clarion, PA 16214
http://www.crinet.org
Phone Numbers:
Local: (814) 297-7141
Toll-free: (800) 372-0140
Fax: (814) 297-7161
Name: Timothy Finegan
Email: tim@crinet.org
Counties Served: unknown

Community Resources for Independence, Inc. - Satellite
Address(es):
3875 East State Street
Suite B
Hermitage, PA 16148
http://www.crinet.org
Phone Numbers:
Local: (724) 347-4121
Fax: (724) 347-5966
Name: Timothy Finegan
Email: tim@crinet.org
**Counties Served:** Beaver, Clarion, Lawrence, Mercer, Venango

**Community Resources for Independence, Inc. - Satellite**
**Address(es):**
250 Elm Street
Oil City, PA 16301
[http://www.crinet.org](http://www.crinet.org)
**Phone Numbers:**
Local: (814) 677-4655
Toll-free: (866) 209-3882
Fax: (814) 677-4915
Name: Timothy Finegan
Email: [tim@crinet.org](mailto:tim@crinet.org)
**Counties Served:** Unknown

**Disability Empowerment Center (DEC)**
**Address(es):**
941 Wheatland Avenue
Suite 201
Lancaster, PA 17603
Email: [decinfo@decpa.org](mailto:decinfo@decpa.org)
**Phone Numbers:**
Local: (717) 394-1890
Toll-free: (866) 394-1890
Fax: (717) 394-7930
Accessible: (717) 394-3228
Accessible Phone Type: TTY
Name: Melissa Hawkins
Email: [mhawkins@decpa.org](mailto:mhawkins@decpa.org)
**Counties Served:** Lancaster, Lebanon

**Disability Options Network**
**Address(es):**
1929 East Washington Street
New Castle, PA 16101
**Phone Numbers:**
Local: (724) 652-5144
Toll-free: (866) 652-5144
Fax: (724) 654-3342
Accessible: (724) 652-5152
Accessible Phone Type: TTY
Name: Chris Lloyd
Email: clloyd@doninc.org
**Counties Served:** Beaver, Butler, Lawrence, Mercer

**Freedom Valley Disability Enablement, Inc.**
**Address(es):**
3607 Chapel Road
Newtown Square, PA 19073
Email: fvdcnet@fvdc.net
**Phone Numbers:**
Local: (610) 353-6640
Toll-free: (800) 427-4754
Fax: (610) 353-6753
Accessible: (610) 353-8900
Accessible Phone Type: TTY
Name: Ann Cope
Email: ann@fvdc.net
**Counties Served:** Chester, Delaware, Montgomery

**Lehigh Valley Center for Independent Living**
**Address(es):**
435 Allentown Drive
Allentown, PA 18109
[http://www.lvcil.org](http://www.lvcil.org)
**Phone Numbers:**
Local: (610) 770-9781
Toll-free: (800) 495-8245
Fax: (610) 770-9801
Accessible: (610) 770-9789
Accessible Phone Type: TTY
Name: Amy Beck
Email: amybeck@lvcil.org
**Counties Served:** Lehigh, Northampton

**Liberty Resources**
**Address(es):**
714 Market Street
Suite 100
Philadelphia, PA 19106
[http://www.libertyresources.org](http://www.libertyresources.org)
Email: lrinc@libertyresources.org
**Phone Numbers:**
Liberty Resources - Satellite
Address(es):
919 South Ninth Street
Allentown, PA 18103
http://www.libertyresources.org
Email: ilri-aln@libertyresources.org
Phone Numbers:
Local: (610) 432-3880
Toll-free: (888) 879-1444
Fax: (610) 432-3824
Accessible: (610) 432-3880
Accessible Phone Type: TTY
Name: Thomas Earle
Counties Served: Philadelphia, Montgomery, Bucks, Chester, Delaware

Life & Independence for Today (LIFT)
Address(es):
503 East Arch Street
St. Marys, PA 15857
http://www.liftcil.org
Email: lifed@liftcil.org
Phone Numbers:
Local: (814) 781-3050
Toll-free: (800) 341-5438
Fax: (814) 781-1917
Accessible: (814) 781-1917
Accessible Phone Type: TTY
Name: Robert Mecca
Email: lifed@liftcil.org
Counties Served: Cameron, Clearfield, Elk, Jefferson, McKean, and Potter

Northeast PA Center for Independent Living (NEPACIL)
Address(es):
1142 Sanderson Avenue
Suite 1
Scranton, PA 18509
http://www.nepacil.org
Email: mmasters@nepacil.org

**Phone Numbers:**
Local: (570) 344-7211
Toll-free: (800) 344-7211
Fax: (570) 344-7218
Accessible Phone Type: Relay - dial 711

**Director:**
Name: Timothy Moran
Email: tmoran@nepacil.org

**Counties Served:**

**PA Council on Independent Living**
**Address(es):**
200 Locust Street
Suite 200
Harrisburg, PA 17101
http://www.pcil.net
Email: borstein@pcil.net

**Phone Numbers:**
Local: (717) 920-0530
Fax: (717) 920-0532
Accessible: (717) 920-0530
Name: Barbara Orstein

**Roads to Freedom--CIL of North Central Pennsylvania**
**Address(es):**
24 East Third Street
Williamsport, PA 17701
http://cilncp.org
Email: rpysher@cilncp.org

**Phone Numbers:**
Local: (570) 327-9070
Toll-free: (800) 984-7492
Fax: (570) 327-8610
Accessible: (570) 327-5254
Accessible Phone Type: TTY
Name: Renee Sluzalis
Email: rsluzalis@cilncp.org

**Counties Served:** Centre, Clinton, Northumberland, Lycoming, Montour, Snyder, Tioga & Union

**Three Rivers Center for Independent Living (TRCIL)**
Address(es):
900 Rebecca Avenue
Pittsburgh, PA 15221
http://trcil.myfastsite.net/

Phone Numbers:
Local: (412) 371-7700
Toll-free: (800) 633-4588
Fax: (412) 371-9430
Accessible: (412) 335-6230
Accessible Phone Type: TTY
Name: John Clark
Email: jclark@trcil.org
Counties Served: Allegheny, Armstrong, Beaver, Butler, Lawrence, Westmoreland

Three Rivers Center for Independent Living - Satellite
Address(es):
766 East Pittsburgh Street
Suite 102
Greensburg, PA 15601
http://trcil.myfastsite.net/

Phone Numbers:
Local: (724) 420-5841
Fax: (724) 420-5843
Accessible: (724) 219-3734
Accessible Phone Type: TTY
Name: John Clark
Email: jclark@trcil.org
Counties Served: Unknown

Three Rivers Center for Independent Living - Satellite
Address(es):
150 West Beau Street
Suite 217
Washington, PA 15301
http://trcil.myfastsite.net/
Email: washoffice@trcil.org

Phone Numbers:
Local: (724) 222-2910
Toll-free: (866) 401-2910
Fax: (724) 222-3396
Name: John Clark
Email: jclark@trcil.org
Counties Served: Unknown

Tri-County Patriots for Independent Living (TRIPIL)
Address(es):
69 East Beau Street
Washington, PA 15301
http://www.tripil.com

Phone Numbers:
Local: (724) 223-5115
Fax: (724) 223-5119
Accessible: (724) 228-4028
Accessible Phone Type: TTY
Name: Kathleen Kleinman
Email: kathleen@tripil.com
Counties Served: Washington, Fayette, Greene

Voices for Independence
Address(es):
1107 Payne Avenue
Erie, PA 16505
http://www.vficil.org

Phone Numbers:
Local: (814) 874-0064
Toll-free: (866) 407-0064
Fax: (814) 874-3497
Accessible: (814) 874-0064
Accessible Phone Type: TTY
Name: Shona Eakin
Email: seakin@vficil.org
Counties Served: Clarion, Crawford, Erie, Forest, Venango, Warren

Adapted from: http://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/PA

VOCATIONAL REHABILITATION OFFICES IN PENNSYLVANIA

Allentown BVRS
45 North Fourth Street
Allentown, PA 18102
610-821-6441 Voice — 800-922-9536 Voice
610-821-6144 TTY — 888-377-9207 TTY

Altoona BVRS
1130 12th Avenue — Suite 500
Altoona, PA 16601
814-946-7240 Voice/TTY
800-442-6343 Voice — 866-320-7955 TTY
DuBois BVRS
199 Beaver Drive
DuBois, PA 15801
814-371-7340 Voice — 800-922-4017 Voice/TTY
814-371-7505 TTY

Erie BVRS
3200 Lovell Place
Erie, PA 16503
814-871-4551 Voice — 800-541-0721 Voice
814-871-4535 TTY — 888-217-1710 TTY

Harrisburg BVRS
Forum Place — 555 Walnut St. — 8th Floor
Harrisburg, PA 17101
717-787-7834 Voice — 800-442-6352 Voice
717-787-4013 TTY — 877-497-6545 TTY

Johnstown BVRS
727 Goucher Street — Section 10
Johnstown, PA 15905
814-255-6771 Voice — 800-762-4223 Voice
814-255-5510 TTY — 866-862-6891 TTY

New Castle BVRS
100 Margaret Street
New Castle, PA 16101
724-656-3070 Voice — 800-442-6379 Voice
724-656-3252 TTY — 888-870-4476 TTY

Norristown BVRS
1875 New Hope Street
Norristown, PA 19401
484-250-4340 Voice — 800-221-1042 Voice
484-250-4357 TTY — 888-616-0470 TTY

Philadelphia BVRS
444 North 3rd St. — 5th Floor — Philadelphia, PA 19123
215-560-1900 Voice — 800-442-6381 Voice
215-560-6144 TTY — 800-772-9031 TTY

Pittsburgh BVRS
531 Penn Avenue
Pittsburgh, PA 15222
412-392-4950 Voice — 800-442-6371 Voice
412-392-5921 TTY — 888-870-4474 TTY

**Reading BVRS**
3602 Kutztown Road — Suite 200
Reading, PA 19605
610-621-5800 Voice — 800-442-0949 Voice
610-621-5820 TTY — 877-475-7326 TTY

**Washington BVRS**
201 West Wheeling Street
Washington, PA 15301
724-223-4430 Voice — 800-442-6367 Voice
724-223-4443 TTY — 866-752-6163 TTY

**Wilkes-Barre BVRS**
300 G Laird Street
Wilkes-Barre, PA 18702
570-826-2011 Voice — 800-634-2060 Voice
570-826-2023 TTY — 888-651-6117 TTY

**Wilkes-Barre BBVS**
300 G Laird Street
Wilkes-Barre, PA 18702
570-826-2361 Voice — 866-227-4163 Voice
570-826-2023 TTY — 888-651-6117 TTY

**Williamsport BVRS**
The Grit Building — Suite 102 — 208 West Third St.
Williamsport, PA 17701
570-327-3600 Voice — 800-442-6359 Voice
570-327-3620 TTY — 800-706-0884 TTY

**York BVRS**
2550 Kingston Road — Suite 101
York, PA 17402
717-771-4407 Voice — 800-762-6306 Voice
717-771-4433 TTY — 866-466-1404 TTY

**BVRS - Bureau of Vocational Rehabilitation Services**
Adapted from:
http://www.portal.state.pa.us/portal/server.pt?open=514&objID=608681&mode=2

**County Assistance Offices**
From: http://www.dpw.state.pa.us/findfacilsandlocs/countyassistanceofficecontactinformation/index.htm

<table>
<thead>
<tr>
<th>County</th>
<th>Assistance Office Address</th>
<th>Telephone/Fax Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adams</td>
<td>Adams County Assistance Office</td>
<td>Toll Free: 1-800-638-6816</td>
</tr>
<tr>
<td></td>
<td>225 South Franklin Street</td>
<td>Phone: 717-334-6241</td>
</tr>
<tr>
<td></td>
<td>F.O. Box 4446</td>
<td>FAX: 717-334-4104</td>
</tr>
<tr>
<td></td>
<td>Gettysburg, PA 17325-4446</td>
<td></td>
</tr>
<tr>
<td>Allegheny</td>
<td>Allegheny County Assistance Office Headquarters</td>
<td>Phone: 412-565-2146</td>
</tr>
<tr>
<td></td>
<td>Piatt Place</td>
<td>FAX: 412-565-3660</td>
</tr>
<tr>
<td></td>
<td>301 5th Avenue</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Suite 470</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pittsburgh, PA 15222</td>
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<tr>
<td></td>
<td><strong>Low Income Home Energy Assistance Program (LIHEAP)</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>5947 Penn Avenue</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4th Floor</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pittsburgh, PA 15206</td>
<td></td>
</tr>
<tr>
<td></td>
<td>* The entrance is at Kirkwood Street and North Highland Avenue</td>
<td></td>
</tr>
<tr>
<td>Alle-Kiski District</td>
<td>909 Industrial Blvd New Kensington, PA 15068-0132</td>
<td>Toll Free: 1-800-622-3527</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Phone: 724-339-6800</td>
</tr>
<tr>
<td></td>
<td></td>
<td>FAX: 724-339-6850</td>
</tr>
<tr>
<td>Institution-Related Eligibility District (IRED)</td>
<td>301 5th Avenue</td>
<td>Phone: 412-565-5604</td>
</tr>
<tr>
<td></td>
<td>Suite 420</td>
<td>FAX: 412-565-5074</td>
</tr>
<tr>
<td></td>
<td>Pittsburgh, PA 15222</td>
<td></td>
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<tr>
<td>Liberty District</td>
<td>332 5th Avenue</td>
<td>Phone: 412-565-2652</td>
</tr>
<tr>
<td></td>
<td>Suite 300</td>
<td>FAX: 412-565-5088</td>
</tr>
<tr>
<td>Three Rivers District</td>
<td>Warner Center</td>
<td>Phone: 412-565-7755</td>
</tr>
<tr>
<td></td>
<td>332 Fifth Avenue</td>
<td>FAX: 412-565-5198 or 5075</td>
</tr>
<tr>
<td></td>
<td>2nd Floor</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pittsburgh, PA 15222</td>
<td></td>
</tr>
<tr>
<td>Southeast District</td>
<td>220 Sixth Street</td>
<td>Phone: 412-664-6800 or 6801</td>
</tr>
<tr>
<td></td>
<td>McKeesport, PA 15132-2720</td>
<td>FAX: 412-664-5218</td>
</tr>
<tr>
<td>Southern District</td>
<td>332 Fifth Avenue, Suite 230</td>
<td>Phone: 412-565-2232</td>
</tr>
<tr>
<td></td>
<td>Pittsburgh, PA 15222</td>
<td>FAX: 412-770-3686 or 412-565-5713</td>
</tr>
<tr>
<td>District</td>
<td>Office Name</td>
<td>Address 1</td>
</tr>
<tr>
<td>-------------------</td>
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</tr>
<tr>
<td>Greater Pittsburgh East District</td>
<td>Armstrong County Assistance Office</td>
<td>1280 North Water Street</td>
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<tr>
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<tr>
<td></td>
<td>Beaver County Assistance Office</td>
<td>171 Virginia Avenue</td>
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<tr>
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<tr>
<td>Bedford County Assistance Office</td>
<td>150 North Street</td>
<td>Bedford, PA 15522-1040</td>
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<td></td>
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<tr>
<td>Berks County Assistance Office</td>
<td>Reading State Office Building</td>
<td>625 Cherry Street</td>
</tr>
<tr>
<td></td>
<td></td>
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</tr>
<tr>
<td>Blair County Assistance Office</td>
<td>1100 Green Avenue</td>
<td>Altoona, PA 16601-3440</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bradford County Assistance Office</td>
<td>1 Elizabeth Street, Suite 4</td>
<td>P. O. Box 398</td>
</tr>
<tr>
<td></td>
<td></td>
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<tr>
<td>Bucks County Assistance Office</td>
<td>1214 Veterans Highway</td>
<td>Bristol, PA 19007-2593</td>
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<td></td>
<td></td>
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<tr>
<td>Cambria County Assistance Office</td>
<td>625 Main Street</td>
<td>Johnstown, PA 15901-1678</td>
</tr>
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<td></td>
</tr>
<tr>
<td>Cameron County Assistance Office</td>
<td>411 Chestnut Street</td>
<td>P. O. Box 71</td>
</tr>
</tbody>
</table>
Carbon County Assistance Office
101 Lehigh Drive
Lehighton, PA 18235
Toll Free: 1-800-314-0963
Phone: 610-577-9020
LIHEAP (cash) 610-577-9073
LIHEAP (crisis) 866-410-2093
FAX: 610-577-9043

Centre County Assistance Office
2580 Park Center Boulevard
State College, PA 16801-3005
Toll Free: 1-800-355-6024
Phone: 814-863-6571
LIHEAP: 814-861-1955
FAX: 814-689-1356

Chester County Assistance Office
100 James Buchanan Drive
Thorndale, PA 19372-1132
Toll Free: 1-888-814-4698
Phone: 610-466-1000
LIHEAP 610-466-1042
FAX: 610-466-1130

Clarion County Assistance Office
71 Lincoln Drive
Clarion, PA 16214-3861
Toll Free: 1-800-253-3488
Phone: 814-226-1700
LIHEAP 814-226-1780
FAX: 814-226-1794

Clearfield County Assistance Office
1025 Leonard Street
Clearfield, PA 16830
Toll Free: 1-800-521-9218
Phone: 814-765-7591
LIHEAP 814-765-0684
or 800-862-8941
FAX: 814-765-0802

Clinton County Assistance Office
300 Bellefonte Avenue
Suite 101
Lock Haven, PA 17745-1929
Toll Free: 1-800-820-4159
Phone: 570-748-2971
LIHEAP 570-893-4409
FAX: 570-893-2973

Columbia County Assistance Office
27 East Seventh Street
P.O. Box 628
Bloomsburg, PA 17815-0628
Toll Free: 1-877-211-1322
Phone: 570-387-4200
LIHEAP 570-387-4232
FAX: 570-387-4708

Crawford County Assistance Office
1084 Water Street
P.O. Box 1187
Meadville, PA 16335-7187
Toll Free: 1-800-527-7861
Phone: 814-333-3400
LIHEAP 814-333-3400
FAX: 814-333-3527

Cumberland County Assistance Office
33 Westminster Drive
Carlisle, PA 17013-0599
Toll Free: 1-800-269-0173
Phone: 717-240-2700
FAX: 717-240-2781

Dauphin County Assistance Office
Toll Free: 1-800-788-5616
<table>
<thead>
<tr>
<th>County</th>
<th>Assistance Office Name</th>
<th>Address</th>
<th>Phone</th>
<th>LIHEAP Phone</th>
<th>FAX</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delaware</td>
<td>Delaware County Assistance Office Headquarters</td>
<td>701 Crosby Street, Suite A, Chester, PA 19013-6099</td>
<td>Phone: 610-447-5500</td>
<td>LIHEAP 610-447-3099</td>
<td>FAX: 610-447-5399</td>
</tr>
<tr>
<td>Crosby District</td>
<td>701 Crosby Street, Suite A, Chester, PA 19013-6099</td>
<td>Phone: 610-447-5300</td>
<td>LIHEAP 610-447-3099</td>
<td>FAX: 610-447-5399</td>
<td></td>
</tr>
<tr>
<td>Darby District</td>
<td>845 Main Street, Darby, PA 19023</td>
<td>Phone: 610-461-3800</td>
<td></td>
<td>FAX: 610-461-3900</td>
<td></td>
</tr>
<tr>
<td>Elk</td>
<td>Elk County Assistance Office</td>
<td>145 Race Street, P.O. Box F, Ridgway, PA 15853-0327</td>
<td>Phone: 814-776-1101</td>
<td>LIHEAP 814-772-5215 or 814-776-1101</td>
<td>FAX: 814-772-7007</td>
</tr>
<tr>
<td>Erie</td>
<td>Erie County Assistance Office</td>
<td>1316 Holland Street, P.O. Box 958, Erie, PA 16512-0958</td>
<td>Phone: 814-461-2000</td>
<td>LIHEAP 814-461-2002</td>
<td>FAX: 814-461-2294</td>
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<tr>
<td>Fayette</td>
<td>Fayette County Assistance Office</td>
<td>41 West Church Street, Uniontown, PA 15401-3418</td>
<td>Phone: 724-439-7015</td>
<td>LIHEAP 724-439-7125</td>
<td>FAX: 724-439-7002</td>
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<tr>
<td>Forest</td>
<td>Forest County Assistance Office</td>
<td>P.O. Box 367, Tionesta, PA 16353</td>
<td>Phone: 814-755-3552</td>
<td>LIHEAP 814-755-3420</td>
<td>FAX: 814-755-3420</td>
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<tr>
<td>Franklin</td>
<td>Franklin County Assistance Office</td>
<td>620 Norland Avenue, Chambersburg, PA 17201-4205</td>
<td>Phone: 717-264-6121</td>
<td>LIHEAP 717-262-6579</td>
<td>FAX: 717-264-4801</td>
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<tr>
<td>Fulton</td>
<td>Fulton County Assistance Office</td>
<td>539 Fulton Drive, McConnellsburg, PA 17233</td>
<td>Phone: 717-485-3151</td>
<td>LIHEAP 717-485-3713</td>
<td>FAX: 717-485-3713</td>
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<tr>
<td>Greene</td>
<td>Greene County Assistance Office</td>
<td>100 Greene Plaza, Waynesburg, PA 15370</td>
<td>Phone: 724-627-8171</td>
<td>LIHEAP 724-627-7668</td>
<td>FAX: 724-627-8096</td>
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<td>Huntingdon</td>
<td>Huntingdon County Assistance Office</td>
<td>1-800-237-7674</td>
<td>814-643-1170</td>
<td>814-643-4098</td>
<td>814-643-5441</td>
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<tr>
<td>Indiana</td>
<td>Indiana County Assistance Office</td>
<td>1-800-742-0679</td>
<td>724-357-2900</td>
<td>724-357-2918</td>
<td>724-357-2951</td>
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<td>Juniata</td>
<td>Juniata County Assistance Office</td>
<td>1-800-586-4282</td>
<td>717-436-2158</td>
<td>717-436-5402</td>
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<tr>
<td>Lackawanna</td>
<td>Lackawanna County Assistance Office</td>
<td>1-877-431-1887</td>
<td>570-963-4525</td>
<td>570-963-4842</td>
<td>570-963-4843</td>
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<td>Lancaster</td>
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<td>717-299-7411</td>
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<td>Lawrence</td>
<td>Lawrence County Assistance Office</td>
<td>1-800-847-4522</td>
<td>724-656-3000</td>
<td>724-656-3021</td>
<td>724-656-3076</td>
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<td>Lebanon</td>
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<td>717-270-3600</td>
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<tr>
<td>Lehigh</td>
<td>Lehigh County Assistance Office</td>
<td>1-877-223-5956</td>
<td>610-821-6509</td>
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<td>610-821-6705</td>
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<tr>
<td>Luzerne</td>
<td>Luzerne County Assistance Office</td>
<td>1-866-220-9320</td>
<td>570-826-2100</td>
<td>570-826-2041</td>
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**Wilkes-Barre District**

<p>| Luzerne | Luzerne County Assistance Office       |              |              |              |              |
|         | Wilkes-Barre District                 |              |              |              |              |
|         | Wilkes-Barre District                 |              |              |              |              |</p>
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<th>County</th>
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<th>Toll Free</th>
<th>Phone</th>
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<tr>
<td>Hazleton</td>
<td>Center Plaza Building 10 West Chestnut Street Hazleton, PA 18201-6409</td>
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<tr>
<td>Lycoming</td>
<td>Lycoming County Assistance Office 400 Little League Boulevard P.O. Box 127 Williamsport, PA 17703-0127</td>
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<tr>
<td>McKean</td>
<td>McKean County Assistance Office 68 Chestnut Street Suite B Bradford, PA 16701-0016</td>
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<tr>
<td>Mercer</td>
<td>Mercer County Assistance Office 2236 Highland Road Hermitage, PA 16148-2896</td>
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<tr>
<td>Mifflin</td>
<td>Mifflin County Assistance Office 1125 Riverside Drive Lewistown, PA 17044-1942</td>
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<tr>
<td>Monroe</td>
<td>Monroe County Assistance Office 1972 West Main Street Suite 101 Stroudsburg, PA 18360-0232</td>
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<tr>
<td>Montgomery</td>
<td>Montgomery County Assistance Office Norristown District 1931 New Hope Street Norristown, PA 19401-3191</td>
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<tr>
<td>Pottstown</td>
<td>Pottstown District 24 Robinson Street Pottstown, PA 19464-5584</td>
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<tr>
<td>Montour</td>
<td>Montour County Assistance Office 327 Church Street Danville, PA 17821-0278</td>
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<tr>
<td>Northampton</td>
<td>Northampton County Assistance Office 201 Larry Holmes Drive P.O. Box 10 Easton, PA 18044-0010</td>
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<tr>
<td>Northumberland</td>
<td>Northumberland County Assistance Office 320 Chestnut Street</td>
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Phone: 570-459-3800
LIHEAP: 570-459-3834
FAX: 570-459-3931

Toll Free: 1-877-867-4014
Phone: 570-327-3300
LIHEAP 570-327-3497
FAX: 570-321-6501

Toll Free: 1-800-822-1108
Phone: 814-362-4671
FAX: 814-362-4959

Toll Free: 1-800-747-8405
Phone: 724-983-5000
LIHEAP 724-983-5022
FAX: 724-983-5706

Toll Free: 1-800-382-5253
Phone: 717-248-6746
LIHEAP 717-242-6095
FAX: 717-242-6099

Toll Free: 1-877-905-1495
Phone: 570-424-3030
LIHEAP 570-424-8517
FAX: 570-424-3915

Toll Free: 1-877-398-5571
Phone: 610-270-3500
LIHEAP: 610-272-1752
FAX: 610-270-1678

Toll Free: 1-800-641-3940
Phone: 610-327-4280
LIHEAP 610-272-1752
FAX: 610-327-4350

Toll Free: 1-866-596-5944
Phone: 570-275-7430
LIHEAP 1-866-410-2093
FAX: 570-275-7433

Toll Free: 1-800-349-5122
Phone: 610-250-1700
LIHEAP 610-250-1785/6
FAX: 610-250-1839

Toll Free: 1-800-368-8390
Phone: 570-988-5900
Sunbury, PA 17801
LIHEAP 570-988-5996
or 800-332-8583
FAX: 570-988-5918

Perry
Perry County Assistance Office
100 Centre Drive
P.O. Box 280
New Bloomfield, PA 17068-0280
Toll Free: 1-800-991-1929
Phone: 717-582-2127
LIHEAP 717-582-5038
FAX: 717-582-4187

Philadelphia
Philadelphia County Assistance Office
Headquarters
801 Market Street
Philadelphia, PA 19107
Phone: 215-560-7226
LIHEAP: 215-560-1583
FAX: 215-560-3214

Low Income Home
Energy Assistance
Program (LIHEAP)
1348 W. Sedgley Ave.
Philadelphia, PA 19132-2498
LIHEAP Phone:
215-560-1583
LIHEAP Fax: 215-560-2260

Boulevard District
4109 Frankford Avenue
Philadelphia, PA 19124-4508
Phone: 215-560-6500
FAX: 215-560-2087

Chelten District
301 East Chelten Avenue
1st Floor
Philadelphia, PA 19144-5751
Phone: 215-560-5200
FAX: 215-560-5251

Delancey District
5740 Market Street 2nd Floor
Philadelphia, PA 19139-3204
Phone: 215-560-3700
FAX: 215-560-2055

Elmwood District
5740 Market Street 1st Floor
Philadelphia, PA 19139-3204
Phone: 215-560-3800
FAX: 215-560-2065

Glendale District
5201 Old York Road
Philadelphia, PA 19141-9943
Phone: 215-560-4600
FAX: 215-456-5103

Liberty District
219 East Lehigh Avenue
Philadelphia, PA 19125-1099
Phone: 215-560-4000
FAX: 215-560-4065

Long Term and Independent Services District
5070 Parkside Avenue
Philadelphia, PA 19131
Phone: 215-560-5500
FAX: 215-560-2065

Ridge/Tioga District
1350 West Sedgley Avenue
Philadelphia, PA 19132-2498
Phone: 215-560-4900
FAX: 215-560-4938
<table>
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<tr>
<th>District</th>
<th>Assistance Office</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td><strong>South</strong></td>
<td>2701 N. Broad Street, Philadelphia, PA 19132-2743</td>
<td>Phone: 215-560-5400 FAX: 215-560-5403</td>
</tr>
<tr>
<td><strong>Unity</strong></td>
<td>4111 Frankford Avenue, Philadelphia, PA 19124</td>
<td>Phone: 215-560-6400 FAX: 215-560-2067</td>
</tr>
<tr>
<td><strong>West</strong></td>
<td>5070 Parkside Avenue, Philadelphia, PA 19131-4747</td>
<td>Phone: 215-560-6100 FAX: 215-560-2053</td>
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<tr>
<td><strong>Pike</strong></td>
<td>Milford Professional Park, Milford, PA 18337</td>
<td>Toll Free: 1-866-267-9181 Phone: 570-296-6114 LIHEAP: 570-296-6114 FAX: 570-296-4183</td>
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<tr>
<td><strong>Potter</strong></td>
<td>269 Route 6 West, Room 1, Coudersport, PA 16915-8465</td>
<td>Toll Free: 1-800-446-9896 Phone: 814-274-4900 FAX: 814-274-3635</td>
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<tr>
<td><strong>Schuylkill</strong></td>
<td>2640 Woodglen Road, P.O. Box 1100, Pottsville, PA 17901-1341</td>
<td>Toll Free: 1-877-306-5439 Phone: 570-621-3000 LIHEAP: 570-621-3072 FAX: 570-624-3334</td>
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<tr>
<td><strong>Snyder</strong></td>
<td>83 Maple Lane, Selinsgrove, PA 17870-1302</td>
<td>Toll Free: 1-866-713-8584 Phone: 570-374-8126 LIHEAP: 570-621-3072 FAX: 570-374-6347</td>
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<tr>
<td><strong>Sullivan</strong></td>
<td>918 Main Street, Suite 2, Laporte, PA 18626-0355</td>
<td>Toll Free: 1-877-265-1681 Phone: 570-946-7174 LIHEAP: 570-946-7174 FAX: 570-946-7189</td>
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<tr>
<td><strong>Susquehanna</strong></td>
<td>33 Spruce Street, P.O. Box 128, Montrose, PA 18801-0128</td>
<td>Toll Free: 1-888-753-6328 Phone: 570-278-3891 LIHEAP: 1-866-410-2093 FAX: 570-278-9508</td>
</tr>
<tr>
<td><strong>Tioga</strong></td>
<td>216 Main Street, Suite 2, Laporte, PA 18626-0355</td>
<td>Toll Free: 1-800-525-6842</td>
</tr>
<tr>
<td>Region</td>
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<tr>
<td>Union</td>
<td>Union County Assistance Office</td>
<td>11809 Route 6, Wellsboro, PA 16901-6764</td>
</tr>
<tr>
<td>Venango</td>
<td>Venango County Assistance Office</td>
<td>530 13th Street, Franklin, PA 16323-0391</td>
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<tr>
<td>Valley District</td>
<td>Valley District Assistance Office</td>
<td>595 Galiffa Drive, Donora, PA 15033-0592</td>
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<tr>
<td>Wayne</td>
<td>Wayne County Assistance Office</td>
<td>107 8th Street, 2nd Floor, Honesdale, PA 18431-0229</td>
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<td>Westmoreland</td>
<td>Westmoreland County Assistance Office - Main Office</td>
<td>587 Sells Lane, Greensburg, PA 15601-4493</td>
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<td>Donora/Valley District</td>
<td>Donora/Valley District Assistance Office</td>
<td>595 Galiffa Drive, Donora, PA 15033-0592</td>
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<tr>
<td>Wyoming</td>
<td>Wyoming County Assistance Office</td>
<td>608 Hunter Hwy., Ste. 6, P.O. Box 490, Tunkhannock, PA 18657-0490</td>
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</table>
National Spinal Cord Injury Association Pennsylvania Chapters:

Northeast Pennsylvania Chapter
The National Spinal Cord Injury Association Northeast Pennsylvania Chapter (Individual Abilities in Motion) is a non-profit organization whose purpose is to help people discover, develop, and celebrate abilities.

The I AM organization is a collaborative effort to enrich the lives of individuals with spinal cord injuries using a multi pronged approach to support, challenge, and inspire. Some of the ways we work towards this goal is by promoting sports, adventure activities, community outings, and public awareness, thus providing avenues for someone to try something new, stay active and hopefully open one’s mind to other possibilities. Ultimately, we aspire to support living and loving life. http://www.spinalcord.org/chapters/nepa/

The National Spinal Cord Injury Association of Pittsburgh can be reached at http://www.spinalcord.org/chapters/directory/chapter-directory/52/nscia-pittsburgh/

Other Pennsylvania Resources:

Transportation Advocacy Project Information about transportation advocacy statewide in PA including: improving fixed route and paratransit services, accessible taxicabs, making shared ride affordable, legal and other actions. Finds tools and links for increasing advocacy effectiveness and links to ADA regulations and rulings. www.ridesforallpa.com, email: rtrschmitt@comcast.net.

Pennsylvania Assistive Technology Foundation (PATF) A non-profit organization that provides low-interest loans and 0% interest loans for $1000 loans or less, to any Pennsylvania residents so that they can buy the assistive technology devices and services they need. www.patf.us 888-744-1938, 484-674-0506.

Pennsylvania Assistive Technology Lending Library A free service that loans assistive technology devices to people with disabilities. It's available to Pennsylvanians of all ages and disabilities. "Assistive Technology" includes devices that people with disabilities can use to help themselves communicate, learn, travel, do daily chores, care for themselves, and have fun. http://disabilities.temple.edu/atlend 800-204-7428 ext. 1, TTY: 866-268-0579

Pennsylvania Initiative on Assistive Technology (PIAT) A statewide, cross-age and cross-disability program under the Assistive Technology Act whose priorities include the development, implementation, and monitoring of laws, policies, practices, and organizational structures to improve access to assistive technology for all Pennsylvanians with disabilities and older Pennsylvanians. http://disabilities.temple.edu/programs/assistive/piat 800-204-PIAT (7428) (Toll Free in-state only),
TTY: 866-268-0579.

**Recycled Equipment Exchange Program (REEP)** REEP is a free statewide service for people with disabilities, their families, friends, service providers and other interested individuals. Equipment in the REEP listing can range from simple home adaptations, to wheelchairs, to computers and software. REEP, a program of Pennsylvania's Initiative on Assistive Technology (PIAT), is maintained by the Three Rivers Center for Independent Living. [http://disabilities.temple.edu/programs/assistive/reep/](http://disabilities.temple.edu/programs/assistive/reep/) 800-633-4588, TTY: 412-371-6230.